MALE AGES	U9	U10	U11	U12	U13	U14	U15	U17
Playing Field (Min-Max)	100m (L) x 80m (W)	100m (L) x 80m (W)	100-140 (L) x 75-95 (W)	100-140 (L) x 75-95 (W)	Full Field	Full Field	Full Field	Full Field
Ball Size	Size 2 - Syn/Leather	Size 2 - Syn/Leather	Size 3 Leather	Size 3 Leather	Size 4 - Leather	Size 4 - Leather	Size 5 - Leather	Size 5 - Leather
Player Allocation	Min - 9 Max - 12 Bench - Unlimited	Min - 9 Max - 12 Bench - Unlimited	Min - 12 Max - 15 Bench - 6	Min - 12 Max - 15 Bench - 6	Min - 15 (Div1&2) 13 (Div 3) Max - 16 Bench - 6	Min - 15 (Div1&2) 13 (Div 3) Max - 16 Bench - 6	Min - 15 (Div1&2) 13 (Div 3) Max - 16 Bench - 6	Min - 15 (Div1&2) 13 (Div 3) Max - 16 Bench - 6
Playing Times	4 x 10 Mins Quarters 4/5/4 intervals	4 x 10 Mins Quarters 4/5/4 intervals	4 x 13 Min Quarters 4/5/4 Intervals	4 x 13 Min Quarters 4/5/4 Intervals	4 x 15 Min Quarters 4/5/4 Intervals	4 x 15 Min Quarters 4/5/4 Intervals	4 x 15 Min Quarters 4/5/4 Intervals	4 x 16 Min Quarters 4/5/4 Intervals
Smothering, Sheparding, Barging and Fending	X	X	✓	✓	✓	✓	✓	✓
Tackling	Modified Tackle	Modified Tackle	As per the laws of the game					
Zones	3 Zones - Only Forwards can score	3 Zones - Only Forwards can score	As per the laws of the game					
Starting and Restarting Play	No Full possesion allowed from ruck As per match policy				As per the laws of the game			
Out of Bounds	Last Kick - Ball given to nearest opponent Off hands or body - Ball up 5m from Boundary				Ball Up - Field umpire 10m from Boundary		Boundary Throw In As per laws of the game	
Marking (Distance)	Any Distance	Any Distance	10m	10m	15m	15m	15m	15m
Run and Bounce	10m & 1 Bounce	10m & 1 Bounce	15m & 2 Bounces	15m & 2 Bounces	As per the laws of the game			
Distance Penalties	10m	10m	25m	25m	50m - As per laws of the game			
Kicking off the ground	X Unless accidental	X Unless accidental	X Unless accidental	X Unless accidental	As per the laws of the game			
Deliberate out of bounds	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied
Playing On & Advantage	X	X	✓	✓	✓	✓	✓	✓
# of Umpires - Field	1	1	2	2	2	2	2	2
Boundary	N/A	N/A	N/A	N/A	Club to supply	Club to supply	Club to supply	Club to supply
Goal	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply
Officials allowed (Max.6) ***allowed on Field**	Coach*, Ass. Coach Manager	Coach*, Ass. Coach Manager	Coach, Ass. Coach Manager, Runner 2 x Water carrier	Coach, Ass. Coach Manager, Runner 2 x Water carrier	Coach, Ass. Coach Manager, Runner 2 x Water carrier	Coach, Ass. Coach Manager, Runner 2 x Water carrier	Coach, Ass. Coach Manager, Runner 2 x Water carrier	Coach, Ass. Coach Manager, Runner 2 x Water carrier

FEMALE AGE GROUPS	U10 YG	U11 YG	U12 YG	U13 YG	U14 YG	U15 YG	U16 YG	U18YG
Playing Field (Min-Max)	100m (L) x 80m (W)	100-140 (L) x 75-95 (W)	100-140 (L) x 75-95 (W)	120-140 (L) x 75-95 (W)	120 - Full x 95m - Full	120 - Full x 95m - Full	Full Field	Full Field
Ball Size	Size 2 - Syn/Leather	Size 3 Syn/Leather	Size 3 Syn/Leather	Size 3 - Leather	Size 3 - Leather	Size 4 - Leather	Size 4 - Leather	Size 4 - Leather
Player Allocation	Min - 9 Max - 12 Bench - Unlimited	Min - 9 Max - 12 Bench - 6	Min - 9 Max - 12 Bench - 6	Min -9 Max - 15 Bench - 6	Min -9 Max - 15 Bench - 6	Min -9 Max - 15 Bench - 6	Min - 12 Max - 16 Bench - 6	Min - 12 Max - 16 Bench - 6
Playing Times	4 x 10 Mins Quarters 4/5/4 intervals	4 x 13 Min Quarters 4/5/4 Intervals	4 x 13 Min Quarters 4/5/4 Intervals	4 x 15 Min Quarters 4/5/4 Intervals	4 x 15 Min Quarters 4/5/4 Intervals	4 x 15 Min Quarters 4/5/4 Intervals	4 x 15 Min Quarters 4/5/4 Intervals	4 x 16 Min Quarters 4/5/4 Intervals
Smothering, Sheparding, Barging and Fending	X	X	✓	✓	✓	✓	✓	✓
Tackling	Modified Tackle	Modified Tackle	As per the laws of the game					
Zones	3 Zones. Only Forwards Can score	As per the laws of the game						
Starting and Restarting Play	No Full possession allowed from ruck. As per Match Policy			As per the laws of the game				
Out of Bounds	Last Kick - Ball given to nearest opponent Off hands or body - Ball up 5m from Boundary			Ball Up - Field umpire 10m from Boundary		Boundary Throw In - As per laws of the game		
Marking (Distance)	Any Distance	10m	10m	10m	15m	15m	15m	15m
Run and Bounce	10m & 1 Bounce	15m & 2 Bounces	15m & 2 Bounces	As per the laws of the game				
Distance Penalties	10m	25m	25m	50m - As per laws of the game				
Kicking off the ground	X Unless accidental	X Unless accidental	X Unless accidental	As per the laws of the game				
Deliberate out of bounds / Rushed Behind	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied	Not Applied
Playing On & Advantage	X	✓	✓	✓	✓	✓	✓	✓
# of Umpires - Field	1	2	2	2	2	2	2	2
Boundary	N/A	N/A	N/A	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply
Goal	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply	Club to supply
Officials allowed (Max.8)	Coach*, Ass. Coach Manager	Coach, Ass. Coach Manager, Runner 4 x Water carrier	Coach, Ass. Coach Manager, Runner 4 x Water carrier	Coach, Ass. Coach Manager, Runner 4 x Water carrier	Coach, Ass. Coach Manager, Runner 4 x Water carrier	Coach, Ass. Coach Manager, Runner 4 x Water carrier	Coach, Ass. Coach Manager, Runner 4 x Water carrier	Coach, Ass. Coach Manager, Runner 4 x Water carrier